



Bryn Mawr School's Wellness Committee proudly presents:

Abigail Sullivan Moore

Co-author of "The iConnected Parent" and frequent contributor to the New York Times about issues affecting high school and college students

Tuesday, February 28, 2012

8:15 a.m.

Bryn Mawr School's Mt. Washington Campus

Modern communication has drastically altered the relationship between parent and teen. In today's world the volume and type of communication between technologically savvy parents and kids has been transformed, creating what Abigail Sullivan Moore calls "The iConnected Parent."

- The 'electronic tether' reduces autonomy and independent decision making in young adults
- These 'electronic tether' behaviors begin in the middle and upper school years and continue into college
- Increased dependence is associated with lower GPAs, less skill at managing studies and time, and lower satisfaction with the school experience and learning
- Parent-child contact at the college level averages over 13 times per week
- Nearly 20% of college students self-report that their parents proofread/edit their papers

How do you stay close, but still let your kids grow up? How do you prepare them for the independence of college at a time when constant contact is the norm?

Learn how to support without hyper-managing, stay connected while letting go, and teach your child self-confidence and self-reliance in middle and high school, college and beyond.